

Islington CAMHS Transformation Plan progress against priorities for Phase 1 and Phase 2

Progress to date - Phase 1 2015/16 priorities

Local Priority Scheme 2015/16		Phase 1		
Promoting resilience, prevention and early intervention for the mental wellbeing of children and young people				
		<i>Progress Update</i>	<i>Funding allocation</i>	<i>Status</i>
LPS-1	Mental health promotion building resilience in schools	<p>This is an ongoing piece of work that has enabled the team to increase the number of schools that they are able to work with directly.</p> <p>KPI of 80% of schools to have implemented 1 or more of the components of the IMHARS framework</p>	25,000	OPEN (ongoing programme of work)
LPS-2	Perinatal mental health	This piece of work was taken forward across North Central London following a successful bid to NHS England. The programme of work supports the development of specialist peri natal services with robust care pathways across all Acute Trusts in NCL to ensure equity of access regardless of where a mother decides to have her baby.		OPEN (moved to NCL priorities)
LPS-3	Review of parental mental health services to coherent pathway	This review of 'Growing Together' Parental Mental Health Service, was undertaken by an external consultant with a final report circulated. The aim of the review was to ensure that the service was appropriately targeting women with mental health needs and was not duplicating services.	Existing CCG funding stream	CLOSED

Appendix 1

Improving access to support – a system without tiers				
LPS-4	Urgent Waiting list initiative	<p>This initiative was implemented into 16/17 following the recruitment of 4 fixed term band 7 practitioners and assistant psychologists to increase capacity to address an increasing waiting list for core CAMH services. The service was set a challenging target of reduction to a waiting time.</p> <p>KPI 4 weeks to choice and 4 weeks to treatment – an overall Referral to Treatment of 8 weeks(RTT)</p>	308,463	OPEN
LPS-5	Community CAMHS crisis care, extended opening hours, improved response and wait times	<p>Increased capacity in Adolescent Outreach Team by 0.6 wte to support the team to respond quickly and flexibly delivering services in the community targeting vulnerable young people who would find it difficult to access services at the Northern Health Centre. Capacity within Priority 1 team (P1) was also developed 0.6 nursing and 0.4 psychiatry to enable them to respond quickly to priority cases.</p> <p>KPI 24hr response to an emergency (that does not require attendance at A&E) and urgent cases within 5 working days. This target has been achieved.</p>	30,652 (183,913) full year costs	OPEN
LPS-6	Implementation of Camden and Islington's crisis care concordat	<p>The key focus of this programme of work was to identify a CAMHS practitioner locally who was able to undertake training to qualify as an Allied Mental Health Practitioner (AMHP) to undertake Mental Health Act assessments. We were unable to identify a professional to undertake the training so this was rolled over to 16/17.</p>	3,000	OPEN
LPS-7	Building sustainability and sufficiency in Voluntary Community Faith Sector (VCSF)	<p>To work with voluntary sector providers to increase counselling and therapeutic interventions delivered in a range of community settings – for 15/16 we increased existing capacity in services being provided from our youth hubs to maximise resources late in the year with further preparation work undertaken with the VCSF in preparation for 16/17 funding</p>	22,188 (67,188 full year allocation)	OPEN

Appendix 1

LPS-8	Community eating disorder service	<p>Increased funding provided to our local specialist Eating Disorder Service provided by The Royal Free Hospital to ensure compliance with community service guidelines and to meet waiting times:</p> <p>KPI: urgent 1 week and routine 4 weeks. This has now moved to NCL priority as part of our STP programme of work.</p>	67,587	OPEN (Moved to NCL priorities)
LPS-9	ED Self Harm post within AOT	<p>This is a dedicated post to support primary care and schools in early identification of eating disorders and where required timely referral into services. This post was delayed in recruitment so was not recruited to till 16/17 – slippage was used against waiting list initiative.</p>	11,264 (full year costs 67,587)	OPEN
Care for the most vulnerable				
LPS-10	Development of an LD Pathway (including C&YP with Autism)	<p>A newly established pathway to deliver comprehensive assessment of learning disabilities for YP thought to have a significant LD.</p> <p>KPI: All young people will be screened for LD on entry into CAMHS.</p>	10,375 (62,254 full year cost)	OPEN
LPS-11	New ways of working to support children and young people at risk of or with experience of CSE	<p>This pilot, delivered by Safer London, ran from January 2016 through to June 2016 and the findings from the pilot were used to inform new service developments focusing on this cohort of vulnerable young men who demonstrate sexually harmful behaviours</p>	8,000	CLOSED
LPS-12	Build on and develop CYP IAPT data collection infrastructure	<p>This supported data infrastructure to support the Trust with compliance on data collection for both CYPIAPT (Children and Young People increasing access to psychological therapies) and then moving into the introduction of the Mental Health Dataset (MHDS)</p>	12,000	CLOSED

Appendix 1

Progress to date Phase Two (16/17 refresh)

The table below sets out progress against agreed 16/17 priorities, many of which were carried over from 15/16.

Local Priority Scheme 16.17		Phase 2		
Promoting resilience, prevention and early intervention for the mental wellbeing of children and young people				
		<i>Progress</i>	<i>Funding Allocation</i>	<i>Status</i>
LPS-1	Develop a sub group of young people and an action plan to deliver Islington Young people's Mental Health Charter(Mental Health Charter appendix 2)	This programme of work is tasked with overseeing the delivery of the Mental Health Charter, a piece of work undertaken with local YP identifying what they see as the priorities for transforming local CAMHS. This was delayed due to changes in our participation worker but is now back on track and will be core to our engagement strategy for the 17/18 plan. KPI: deliver outcomes indicated in Islington CYP CAMHS Charter	5,000	OPEN
LPS-2	Mental health promotion building resilience in schools	Ongoing contribution to the IMHARS programme of work that supports schools to develop programmes of work to support positive emotional health and well-being. KPI 80% of Islington schools to have implemented one or more of the components of the IMHARS framework by 2021	25,000	OPEN and on track
LPS-3	CAMHS in Early Years Transformation	This is an ongoing piece of work that Whittington Health have been engaged with as part of the Bright Starts Transformation which impacts on the way CAMHS services are delivered in local children's centres but without a reduction in the local offer.	Existing funding stream	CLOSE

Appendix 1

Improving access to support – a system without tiers				
LPS-4	Urgent Waiting list initiative	<p>This piece of work ran through the most part of 16/17 and was on track to meet the challenging waiting time of RTT 8 weeks. However, recruitment and staff sickness meant that at the end of the financial year we started to see a significant increase in waiting times again, although not to the same level as previously) This coupled with a significant increase in the number of referrals into the CAMH service at the Northern alongside a national target to increase the numbers of CYP accessing CAMH services informs the key piece of work proposed for 17/18 around service transformation.</p> <p>KPI referral to treatment 8 weeks – as of end 16/17 15 weeks (down from 21 weeks)</p>		OPEN
LPS-5	<p>Increase Access to services by developing CYPIAPT workforce development and training programme</p> <p>Existing Staff IAPT Training</p> <p>2 ASD/LD</p> <p>1 Infant Mental Health</p> <p>1 Adolescent depression</p> <p>4 CWP trainees</p>	<p>This target is on track – CAMHs recruited 4 Children’s Well Being Practitioners who are recruited to undertake an evidenced based training programme delivered by CYPIAPT programme. In Islington we have located these practitioners in the community with Families First and also linked to our local schools. Once trained CWPs are able to deliver evidenced based short term interventions for low level anxiety and depression as well as support a range of parenting programmes / parenting support. We propose to continue this programme next year where we will need to identify to pick up the salary costs of the CWPs (funded by the CYP IAPT programme this year)</p>	9,760 (contribution to CYP IAPT Training costs)	OPEN

Appendix 1

		<p>We have also continued to support staff development in the principles of CYP IAPT that promote the use of evidenced based interventions. The programme has a strong focus on measuring progress and outcomes in partnership with the parent or young person as well as ensuring services embed the principles of service user participation and engagement.</p> <p>KPI: recruit 4 CWPs for training programme to increase skill mix</p>		
LPS-6	Health Equity Audit	<p>Public Health have conducted a Health Equity Audit in order to assess and describe how Islington's Children and Adolescent Mental Health services are accessed and used by the local population. In particular, the audit wanted to explore whether some population groups were underrepresented in the service and if so what recommendations we needed to consider in order to redress any underrepresentation. The key recommendations are set out below which are being used to inform plans for 17/18 proposals.</p>	Within existing resources	<p>CLOSE</p> <p>With recommendations being taken forward.</p>
LPS-7	Increase access by building capacity and sustainability in the Voluntary and Community & Faith Sector	<p>Significant work with our voluntary sector partners has been undertaken. Projects and programmes of work have been commissioned to deliver increased capacity in counselling and therapeutic Interventions delivered in community settings – these are being provided by the Brandon Centre and Mind Connect.</p> <p>The programme has increased capacity for VCSF partners to deliver early intervention and prevention</p>	67,188	OPEN

Appendix 1

		<p>projects to support emotional health and wellbeing of C&YP, delivered within the community.</p> <p>Through this work with the VCSF a provider forum for CAMHS providers has been developed which spans NHS, LA and VCSF providers to develop a network approach to share learning as well as developing capacity and an understanding of the service offered across the network. The network links our local NHS community CAMHS providers. This will continue to support our commitment to the principles of 'Thrive', ensuring YP access the right service at the right time and in the right place by ensuring capacity across the whole system is being utilised efficiently.</p> <p>This is a core element of our proposals for 17/18 moving forward.</p>		
LPS-8	Develop community ED post to support schools and primary care to support early identification	<p>The initial post holder resigned and the service had to go back out to recruitment. This has now been successfully recruited to and provides a specialist approach to ED cases in the community as well as supporting those in T4 beds to support seamless care planning for discharge and support back into the community. KPI contact to be made with all GP practices by e mail and 50% direct contact by March 2017. Contact has already been made with 100% of GPs in primary care.</p>	67,587	CLOSE
LPS-9	Develop local Crisis care pathways in hours	<p>An in hour's crisis care pathway has been developed clearly setting out pathways for young people who require a crisis response. This was drawn up in consultation with a wide range of providers and</p>	183,913 (AOT and P1 posts)	<p>CLOSE</p> <p>(Out of hours crisis care pathways are being developed across NCL as part of our STP</p>

Appendix 1

		<p>has been widely circulated. The increased capacity within P1 and AOT (a 15/16 priority) has supported the implementation of this programme of work. KPI improved access to emergency appointments within 24hrs and priority apt. within 5 working days. In hour’s crisis care pathway developed and published by March 2017. KPI ACHIEVED</p>		work stream)
LPS - 10	<p>Delivery of Crisis Care Concordat including CAMHS professional to be AMHP trained</p>	<p>This year we have identified a member of the Adolescent Outreach Team who is currently undertaking the AMHP training which will give us a CAMHS professional who is able to undertake Mental Health Act Assessments – this supports the crisis care concordat programme of work</p> <p>KPI: CAMHS practitioner trained as AMHP</p>	<p>21,000 (Training and backfill)</p>	CLOSE
Care for the most vulnerable				
LPS- 11	<p>On-going development of LD pathway and local interface with Transforming Care</p> <p>Intensive Outreach Positive Behaviour Support Service for C&YP with challenging behaviour at risk</p>	<p>An ongoing piece of work with increased staffing capacity to specialise in supporting young people with Learning Disabilities who have mental health needs. This pathway needs to be reviewed in the context of the Neuro Developmental Team (NDT) and Autistic Spectrum Disorder (ASD) assessment pathway. KPI 100% of YP on LD pathway to receive appropriate assessment and follow up intervention. 100% of YP to be screened on entry to CAMHS service for LD. KPI on track</p> <p>A specification is currently being worked up to commission a Positive</p>	<p>62,254</p> <p>50,000</p>	OPEN

Appendix 1

		<p>Behaviour Support Service. The premise behind the service is to work with young people to support them to stay and home and in the local community for as long as possible avoiding residential provision where possible. This programme of work builds on the successful programme of work undertaken in Ealing, which has seen significant reductions in residential placements.</p> <p>KPI: established PBS service</p>		
LPS-12	Increase capacity into the ASD pathway in the Social and Communication Team (under 5s assessment and diagnostic pathway) and deliver the findings / recommendations of the ASD Review	<p>Increased capacity in the Social and Communication Team (SLT and OT) which supports a business plan to reduce waiting times to 18 weeks by August 2018.</p> <p>This is currently on track and waiting times are reducing.</p> <p>KPI Assessment and Diagnostic waiting time of 18 weeks by March 2018</p>	101,000	CLOSED
LPS-13	Review of CAMHS CLA service	This piece of work has had an initial kick off and is underpinned by a commitment for CLA CAMHS service to work in partnership with children's social care and the development of the Innovation Project, rather than take on a separate piece of work.	Within existing resources	OPEN
LPS-14	Vulnerable Children – Mapping of local Youth Justice Health Pathways	The mapping was completed and a pilot project looking at how we support schools and PRU and local community partners to work with young people who have experienced trauma has been established. The programme of work will be fully evaluated and the findings will be widely shared.	NHSE Health and Youth Justice funding	CLOSED

Appendix 1

LPS-15	Establish a working group to consider current CAMHS / AMHS Transition project and potential for development	Transition is a key area of focus and whilst we have started this piece of work its early stages. We are looking to replicate some aspects of the Camden Minding the Gap model, continuing our local Transition model with our shared transition team across children and adults services, as well as looking to hold a workshop to consider how we deliver services for 0 – 25 years olds in relation to mental health.	Within existing resources 14,000 extension of existing within Islington Transition Team	OPEN
LPS-16	Increased capacity with Intensive Eating Disorder Service	Completed now additional capacity within community service.		Closed