

Appendix 4: Goodinge Centre Timetable

MONDAY Centre cleaner 6-9	TUESDAY	WEDNESDAY	THURSDAY Centre cleaner 6-9	FRIDAY	SATURDAY	SUNDAY
HAIRDRESSER 9.30-3(MEETING ROOM) LUNCH CLUB 9-1 (HALL 1)	PROVISIONAL REMINISING CLUB 10-12	LUNCH CLUB 9-1 (HALL 1)	CENTRE MANAGER 9-4	MENTAL HEALTH CLINIC 10-1 (HALL 1)	TAEKWONDO 10-12 (HALL 1)	NEW WIND CHURCH 10-2PM (ENTIRE CENTRE)
BREATHE EASY 10AM-12(NOON) (HALL 2) MASSAGE ONCE A MONTH	FILM CLUB 11-2	STAY AND PLAY 10-11.30 (HALL 2) FOOT THERAPIST ONCE A MONTH	GENTLE EXERCISE 11-12	BOWLS 10-12 (HALL 2) STARTS SEPTEMBER		
AFTERNOON SOCIAL 1-3PM (HALL 1)	HERBAL LIFE 6-7 (MEETING ROOM)		MEETINGS TRA'S PROVISIONAL ADULT DRAMA 2-3 (HALL 1)		WORKING PARTY 2-5 (HALL 2)	
DRAMA DANCE 5-7PM 6-18 YR OLDS (HALL 1)	WORKING PARTY 5.30-7.30 (HALL 2)	OAP BINGO 5.30-9 (HALL 1)	PRIMROSE DANCE 5-7 (HALL 1)	TAEKWONDO 6.30-7.30 (HALL 2)	PRIVATE HIRINGS	PRIVATE HIRINGS
BOXFIT 6.15-7.15 ZUMBA 7.30-8.30 (HALL 2)	DIABETIC CLUB 6.30-8.30 (MONTHLY) (HALL 1)		COMMUNITY BINGO (HYDE VILLAGE) 6-10 (HALL 1)			
COMMUNITY CHOIR 7.30-9.30			ZUMBA 7.30-8.30 (HALL 2)		CLEANER FOR PRIVATE HIRERS	CLEANER FOR PRIVATE HIRERS