



Children and Young People Services

Early Years and Childcare

Bright Start - Quarterly Report

Data as at end of September 2023 (Q2)



Produced by Data and Performance Team

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Report Date: 10 November 2023

Introduction and Notes

About the report

The purpose of this report is to monitor and evaluate Bright Start (BS) activities and demographics to inform service planning. It covers registrations by age and BS area, attendance at activities and ethnicity breakdowns. It is intended for service management and team leaders.

The data used in the report comes from the EISi database, Synergy.

Starting from the first quarter of 2023-24, the health visiting information is also included. It is provided by Whittington Health.

Notes on the data

1. For some indicators, the sum of parts does not add up to the total displayed. There are two possible reasons for this:

- Clients can visit a BS centre in **more than one** BS area;
- Total numbers can include records with **no BS area** assigned to them.

2. Numbers reported in the Attendance section include **all attendances** for a particular activity unless otherwise specified (e.g. for Antenatal, we report each individual's attendance **once** (distinct counts) regardless if clients attended more than once in that quarter).

3. The **0-4 overall population estimates** have been updated for 2023-24 and are based on the updated 2022-23 academic year school roll projections produced by the Data and Performance Team using Greater London Authority (GLA) estimates that best fit the local knowledge. **The updated estimate of the number of children aged 0-4 in Islington is 7% lower than the previous estimate.**

4. The percentage of the 0-4 population **registered with Bright Start** reported here includes **all open cases** regardless of whether clients may continue residing in the borough or not after the initial registration and whether there has been any recent engagement or not. **Up to 10% of residents** exercise their right to refuse registration on a council's system after the birth of their child.

5. All **differences** are with the previous quarter.

6. The LBI 0-4 population figures by **ethnic group** are **educated estimates**. There is a long-standing difficulty in providing accurate breakdowns of the resident Islington population aged under 5 as there is no single data source that covers this age range. Of the sources we do have, different datasets use different ethnic categories. This can make it difficult to find figures for some of the more detailed ethnic groups that are a significant population in Islington. An agreed set of ethnicity estimates for the under 5s has, therefore, been derived internally from all available sources. A presentation with the methodology, sources and details for each LBI ethnic group is available on request.

Key Findings

Registration

1. Bright Start registration of children and families is increasing – this in Q2 is often due to the impact of the Summer Outreach Programme.
2. The percentage of registered Under 1s continues to increase as well as all other ages except for 4 year-olds.
3. The number of registered teenage parents is also increasing with the North having the largest cohort.
4. 84% of under 5s have now been registered - this is an increase of 20% on the same time last year and 1 percentage point more than Q1.

Conception to 12 months - attendance

5. Health Visiting contacts remain stable over the two first quarters of the year although a noted increase in antenatal contacts for Q2 both on the same time last year (172% increase) and from Q1 with the North and South more than doubling their contacts.
6. Breastfeeding rates remain stable across the three areas with just small differences amongst them. The decrease in the number of families accessing support in Q2 is due to the summer fixed closure.
7. Antenatal and postnatal midwifery clinics continue to draw in a significant number of families.
8. The lower number of children attending under 1s sessions is due to the different summer holidays' offer which is reflected in an increase of attendance at 0-5 Stay and Play sessions.

Attendance

9. There has been an increase of Health Visiting reviews at 24+ months.
10. Family Support Surgeries have seen a large increase in attendance compared to Q2 the previous year, the access has more than doubled in one year.
11. The number of children attending SEND groups has seen a 35% increase since Q2 of last year confirming the progress made in creating more inclusive environments. However, there has been a small decrease in attendance since Q1 due to the different summer offer with some provision not running for the 6 weeks of the holidays
12. More targeted sessions like Chatterpillar and Family Kitchen are term time only provisions which would explain the decrease in attendance in Q2.
13. The largest ethnic group accessing services is White British, however the percentage of attendees from this group is below the borough average. On the other hand, White Other is the second largest group of attendees, and its percentage is above the borough average and the same is for Asian. Mixed ethnicity is however below the borough average despite being the third largest group accessing Bright Start services.
14. The most diverse groups are SEND Stay and Play sessions, Family Support Surgeries, Parenting groups, 0-5 stay and plays and Baby Massage session.
15. The largest percentage of EAL families access Antenatal appointments, Chatterpillar groups and Family Support Surgeries.

Registrations by Bright Start Area

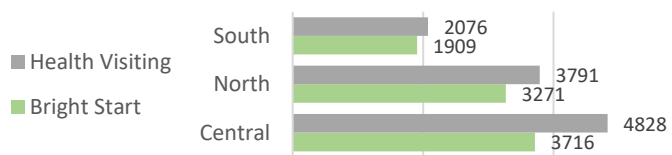
Number and % of 0-4 registered with Bright Start

1.8%	84%	9200	83%	9039	70%	8186
% difference	Q2		Q1		Q2 last year	

Health Visiting Caseload 0-4

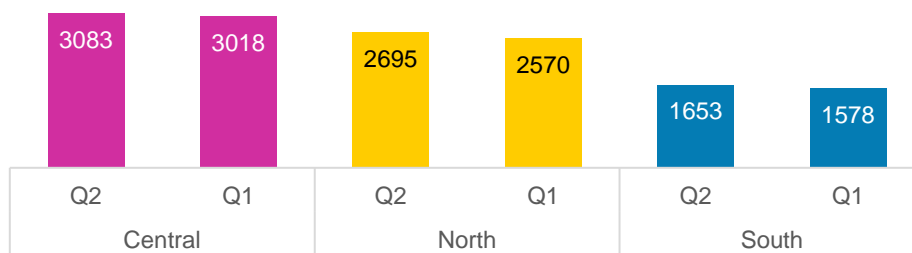
-135	10337		10472		10546	
Difference	Partner: 134 256	Plus:	Partner: 152 245	Plus:	Partner: 176 339	
	Q2		Q1		Q2 last year	

Comparing numbers of Bright Start cases with Health Visiting caseloads, 0-4



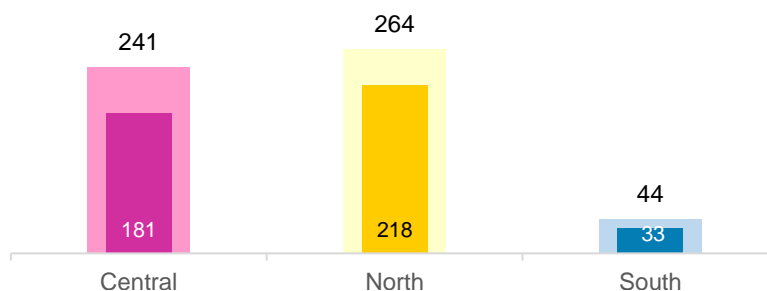
Number of families with a child aged 0-4 registered with Bright Start

222	7583	7361	6440
Difference	Q2	Q1	Q2 last year



New registrations of children aged under 1 and under 3 years old

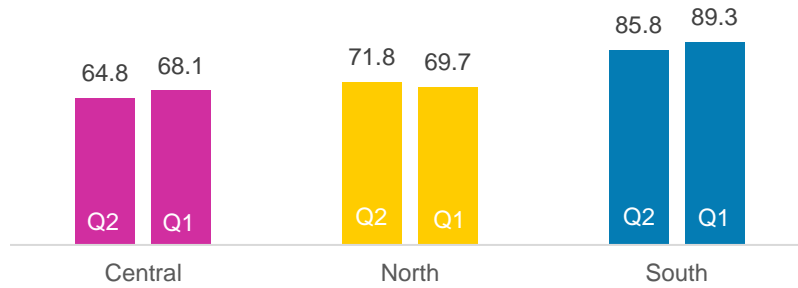
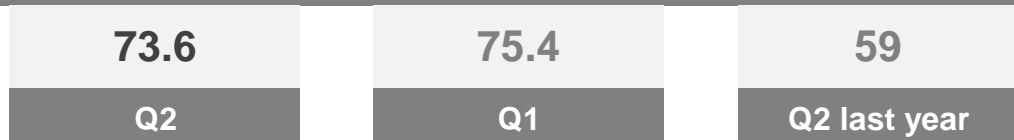
9	549	540	484
Difference	Q2 - aged under 3	Q1 - aged under 3	Q2 last year



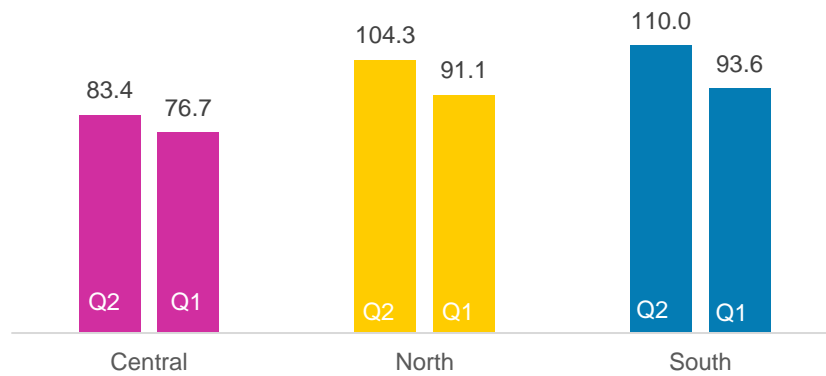
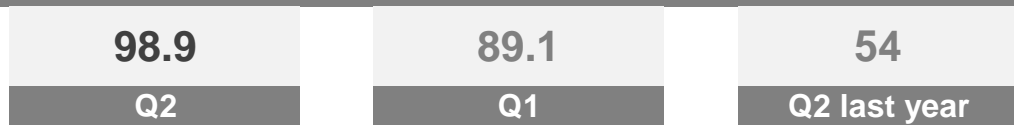
Key: Taller bars represent numbers of children under 3

Registrations by Bright Start Area

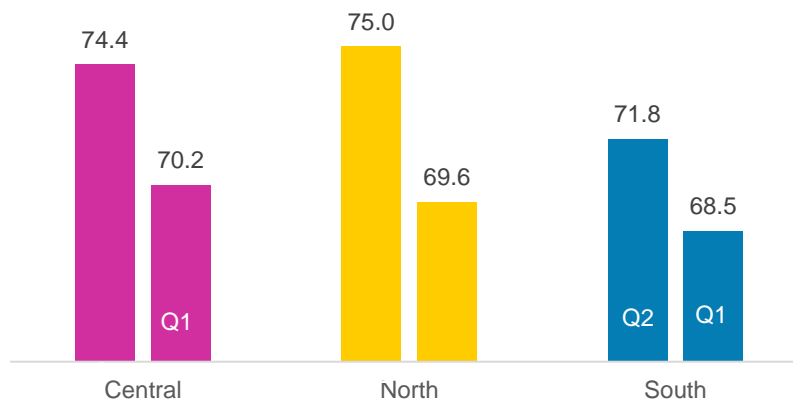
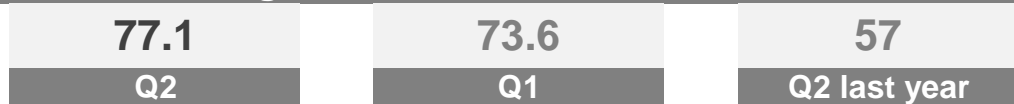
Percentage of under 1s registered at this point



Percentage of children aged 1 registered at this point

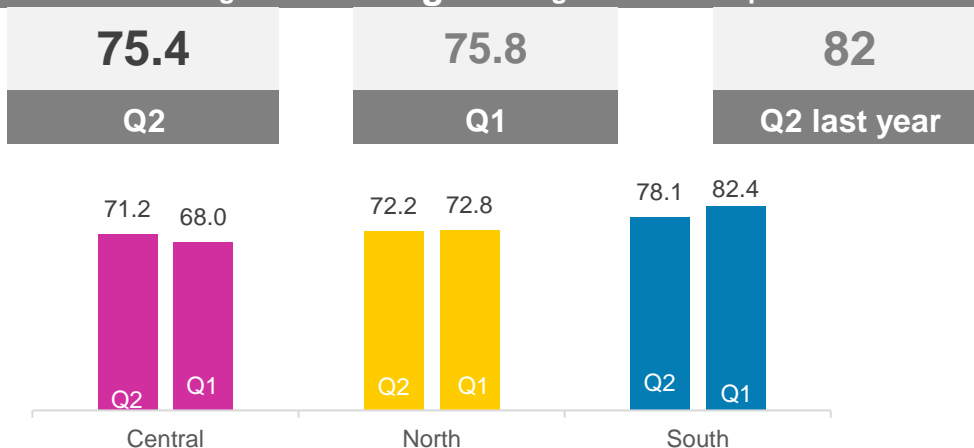


Percentage of children aged 2 registered at this point

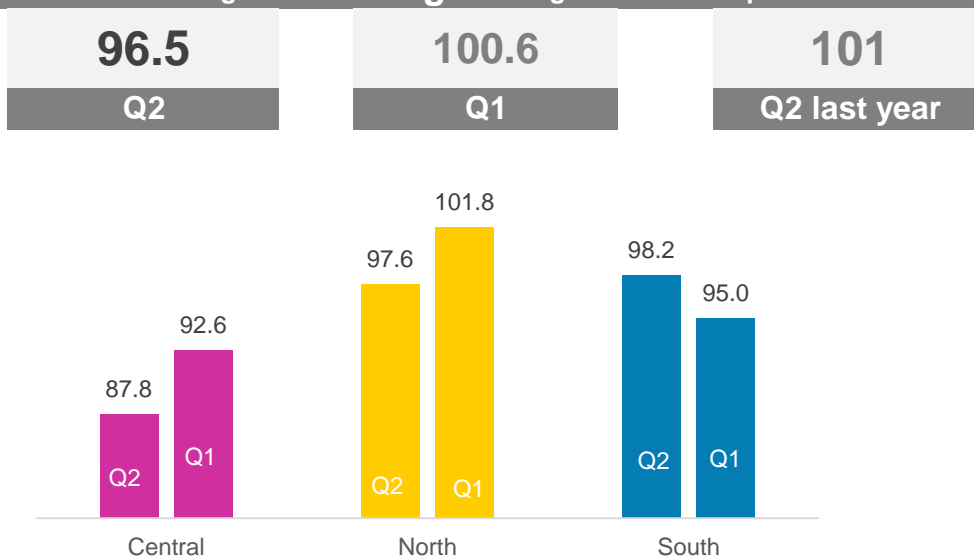


Registrations by Bright Start Area

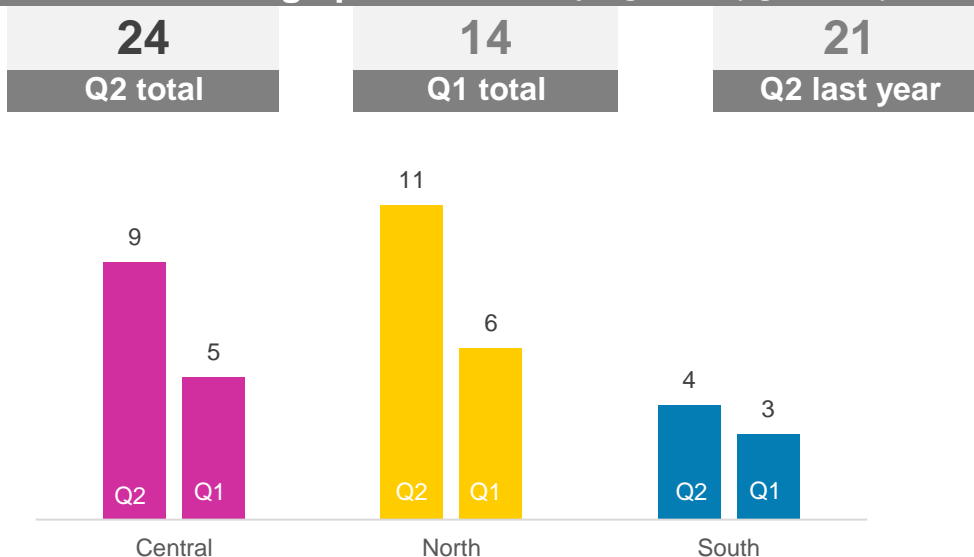
Percentage of children aged 3 registered at this point



Percentage of children aged 4 registered at this point



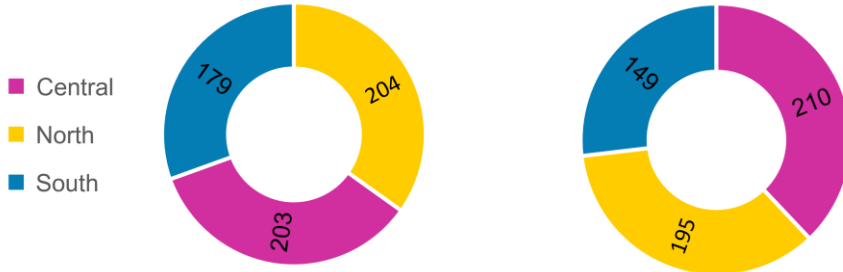
Number of teenage parents currently registered (aged 16-19)



Attendance/Contacts - Conception to 12 Months

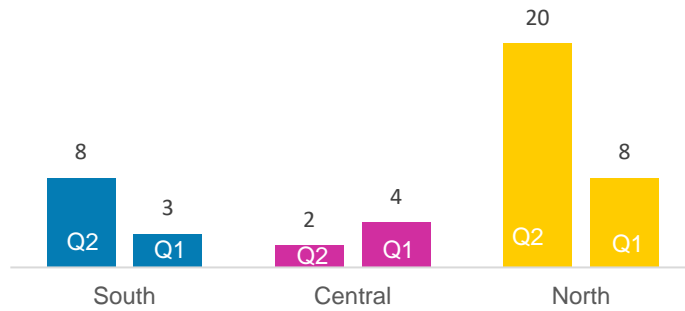
Antenatal - Distinct Contacts (aged 17+)

26	580	554	341
Difference	Q2 total	Q1 total	Q2 last year



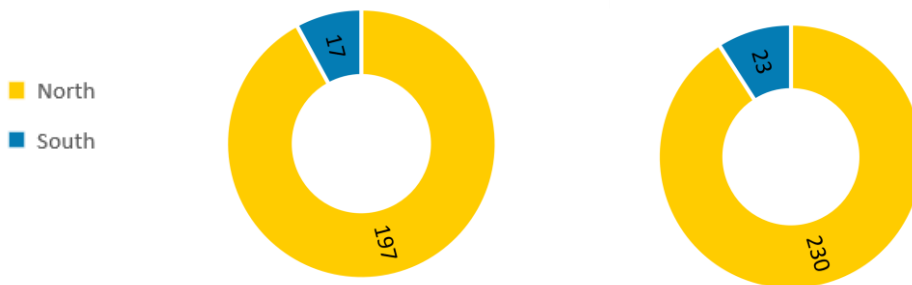
Number of first face to face antenatal contact with a health visitor at 28 weeks +

15	30	15	11
Difference	Q2 total	Q1 total	Q2 last year



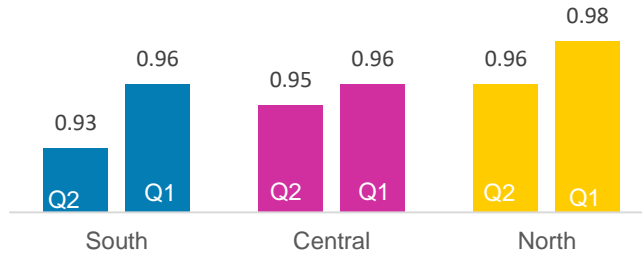
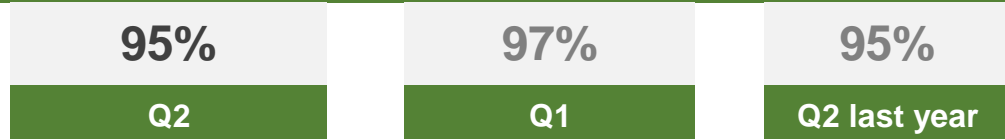
Postnatal Clinic - Distinct Contacts

-38	214	252	240
Difference	Q2 total	Q1 total	Q2 last year

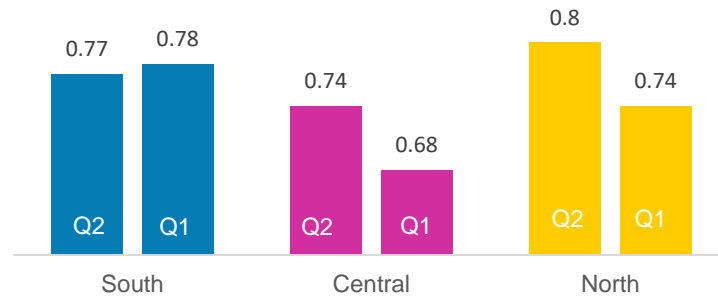
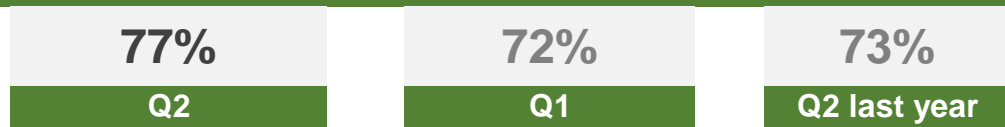


Attendance/Contacts - Conception to 12 Months

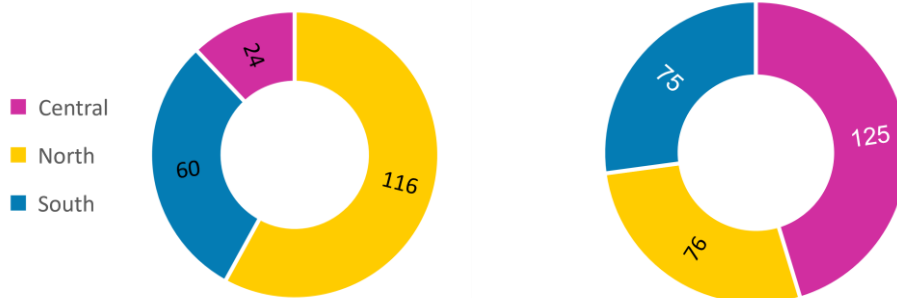
Percentage of new birth visits (within 14 days of birth)



Percentage of children who received a 6-8 weeks review by the time they turned 8 weeks

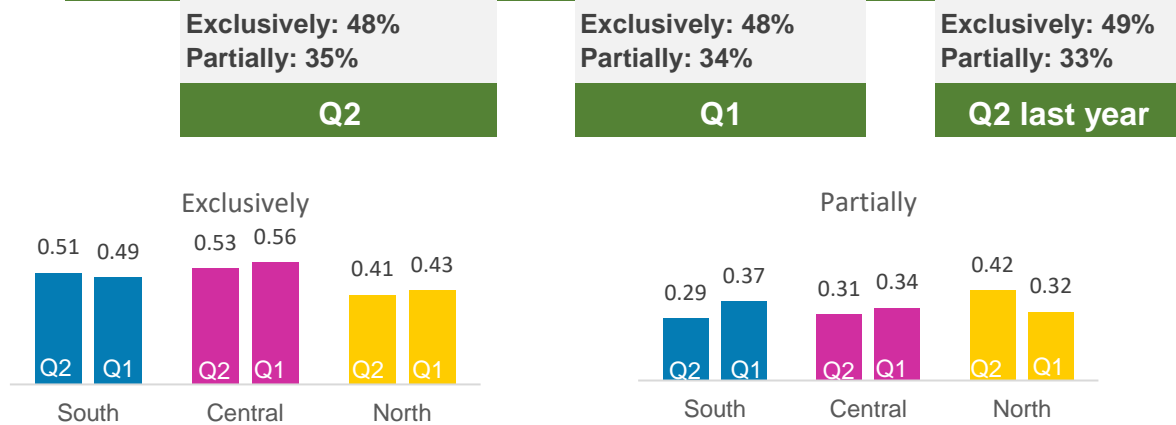


Breastfeeding Support

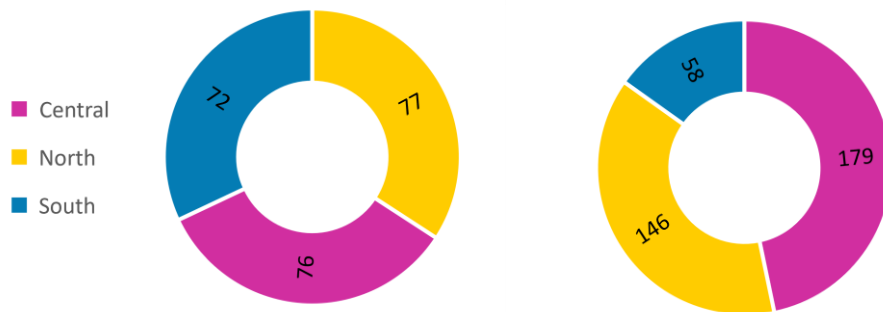


Attendance/Contacts - Conception to 12 Months

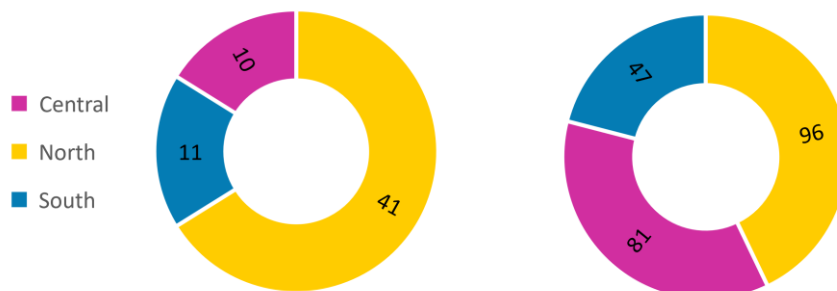
Percentage of infants recorded as being exclusively and partially breastfed at 6-8 weeks



Baby Massage (all attendances of babies and parents)



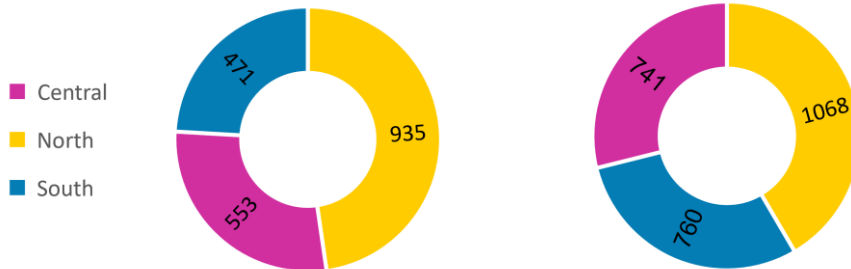
New Parent Groups



Attendance/Contacts - Conception to 12 Months

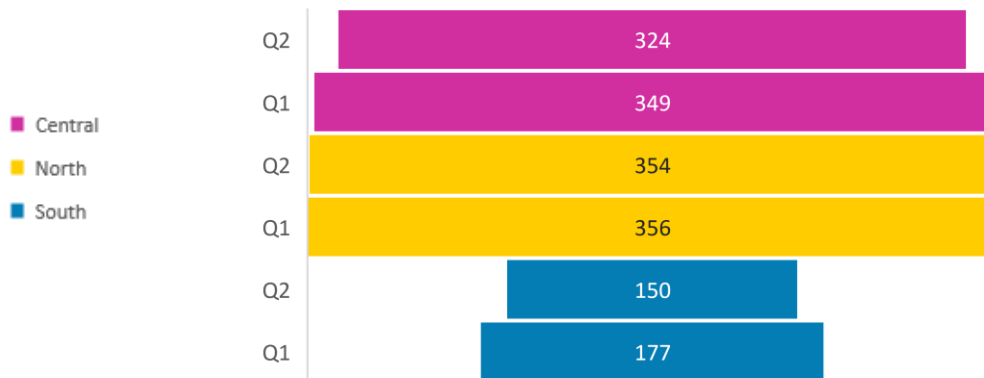
Under 1s Stay and Play

-610	1959	2569	1423
Difference	Q2 total	Q1 total	Q2 last year



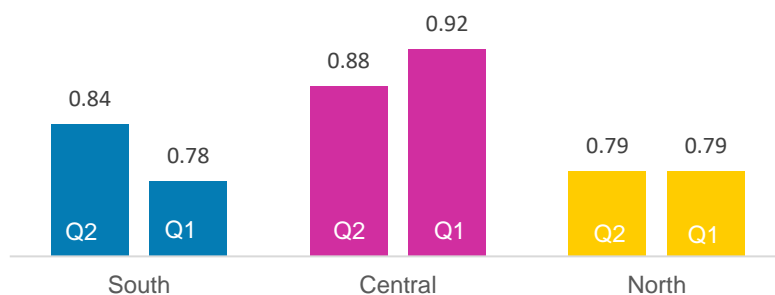
Number of under 1s attending once or more

-60	716	776	577
Difference	Q2	Q1	Q2 last year



Percentage of children who received a 12 month review by the age of 15 months

84%	84%	84%
Q2	Q1	Q2 last year



Attendance/Contacts

0-5 Stay and Play

186

Difference

5350

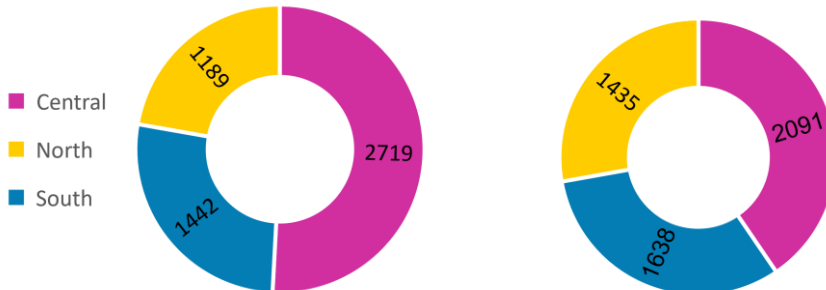
Q2 total

5164

Q1 total

5422

Q2 last year



Number of under 5s attending once or more

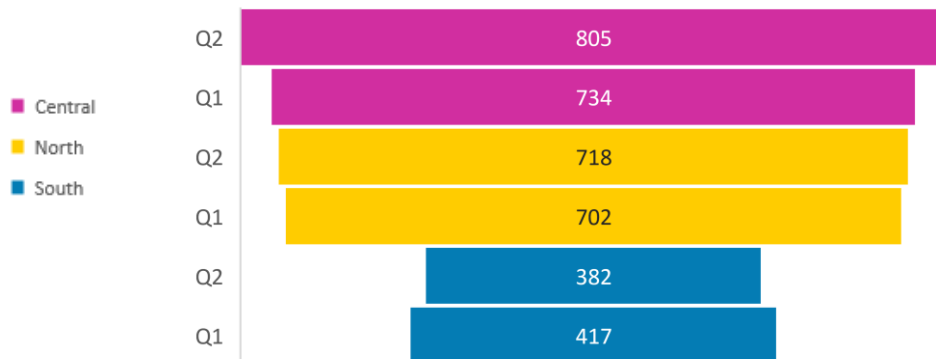
13

Difference

1650

1637

1349



Percentage of children who received a 30 month review by the age of 30 months

84%

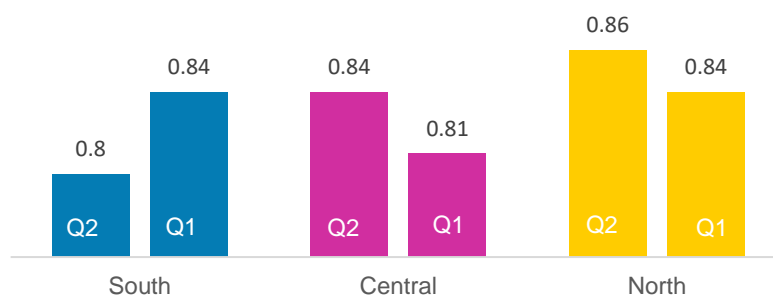
Q2

83%

Q1

81%

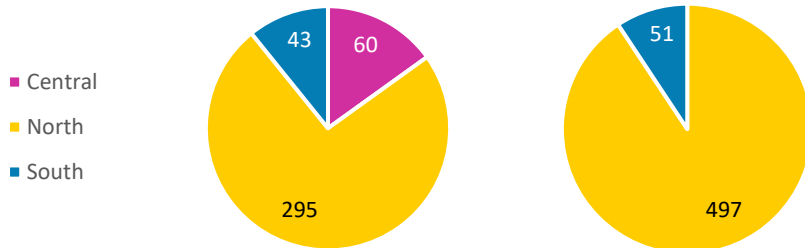
Q2 last year



Attendance/Contacts

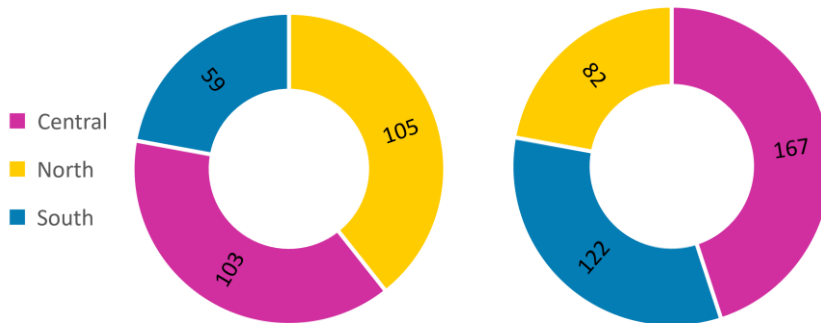
Physical Activity

-150	398	548	44
Difference	Q2 total	Q1 total	Q2 last year



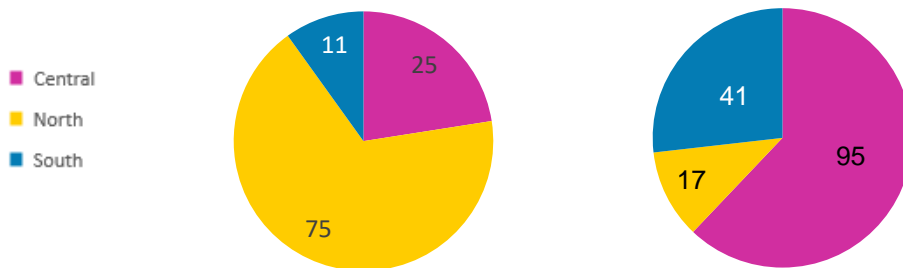
SEND Stay and Play

-104	267	371	193
Difference	Q2 total	Q1 total	Q2 last year



Family Support Surgeries - Distinct Contacts

-43	110	153	51
Difference	Q2 total	Q1 total	Q2 last year



Attendance/Contacts

Chatterpillars

-168

Difference

114

Q2 total

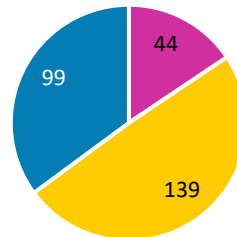
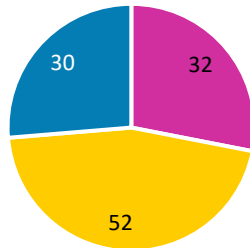
282

Q1 total

113

Q2 last year

- Central
- North
- South



Family Kitchen

-17

Difference

51

Q2 total

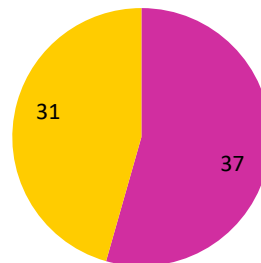
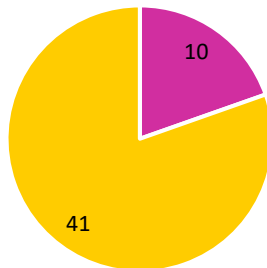
68

Q1 total

35

Q2 last year

- Central
- North



Parenting courses (Incredible Years, Mellow Parenting, Parenting Workshops)

-125

Difference

62

Q2 total

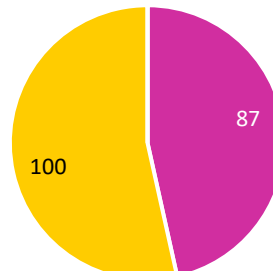
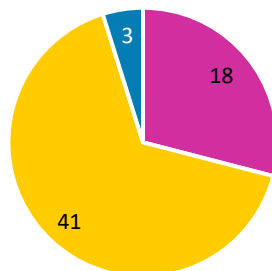
187

Q1 total

82

Q2 last year

- Central
- North
- South



Attendance/Contacts

Parents/carers and fathers/male carers attending once or more

Parents/Carers

Q2 total **2243**

Q1 total **2281**

Q2 last year **1850**



Fathers/Male carers

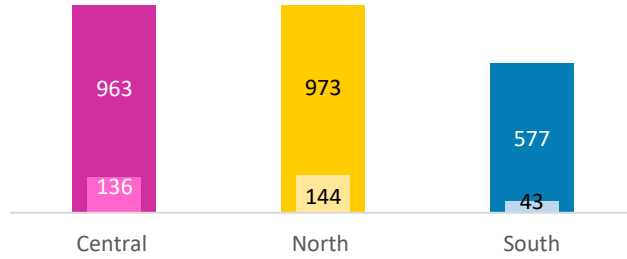
Q2 total **301**

Q1 total **341**

Q2 last year **262**



The number of **fathers/male** carers is displayed **inside** the total number of parents/carers attending once or more for the BS area



Ethnicity by Registration

Percentage registered at all BS areas by age and ethnicity in Q2

	African Other	Asian Other	Bangladeshi	Black Other	Caribbean	Chinese	Kurdish	Mixed	Other	Refused	Unknown	Somali	Turkish	White British	White Other
Overall															
Aged 0	8.2	4.4	2.7	3.0	2.0	0.3	0.2	14.9	4.3	0.5	7.3	1.2	0.5	27.0	23.3
Aged 1	7.6	3.4	2.7	2.3	2.8	0.4	0.1	17.5	4.0	0.5	6.0	1.9	0.7	28.1	21.9
Aged 2	5.3	2.8	2.1	1.6	1.8	0.8	0.4	16.7	2.6	1.6	12.0	2.4	1.8	28.9	19.5
Aged 3	6.2	2.5	2.8	1.5	2.2	0.5	0.8	15.4	3.0	1.2	11.2	4.1	2.4	28.4	17.7
Aged 4	7.0	3.2	2.5	1.5	2.4	0.5	0.6	14.9	2.3	0.9	9.9	3.3	1.8	30.7	18.7
BS total registered 0-4	6.9	3.3	2.6	2.0	2.3	0.5	0.4	15.9	3.3	0.9	9.0	2.5	1.4	28.6	20.4
LBI 0-4 estimates (updated in 2023)	8	3	4	2	3	1	1	18	4	n/a	n/a	4	3	30	19

Percentage registered in each BS area by age and ethnicity in Q2

Central	African Other	Asian Other	Bangladeshi	Black Other	Caribbean	Chinese	Kurdish	Mixed	Other	Refused	Unknown	Somali	Turkish	White British	White Other
Aged 0	9.4	4.2	3.0	1.3	1.5	0.3	0.0	15.5	3.4	0.1	1.8	0.9	0.4	30.7	27.5
Aged 1	7.6	4.3	3.5	1.3	2.2	0.1	0.0	16.7	4.3	0.3	2.2	1.3	0.7	29.0	26.6
Aged 2	6.1	2.5	1.6	1.7	1.4	0.6	0.7	17.2	1.3	1.2	8.6	2.6	1.2	32.8	20.6
Aged 3	6.6	2.9	2.8	1.7	1.4	0.2	0.9	14.4	2.6	0.9	9.0	4.0	2.2	30.3	20.1
Aged 4	6.6	2.5	2.0	0.9	1.6	0.3	0.4	15.6	1.8	0.7	10.7	3.3	1.0	32.6	20.2

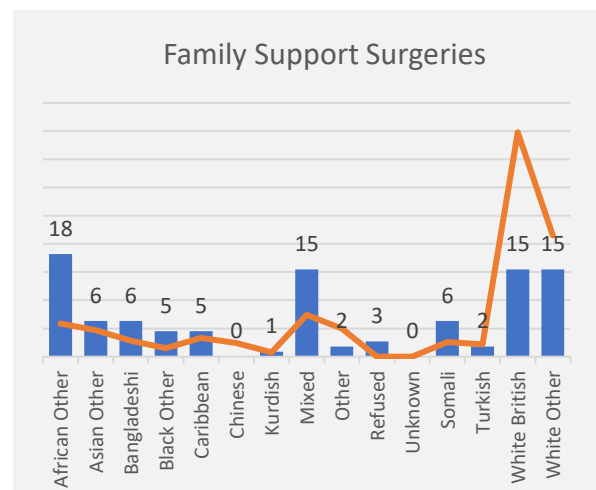
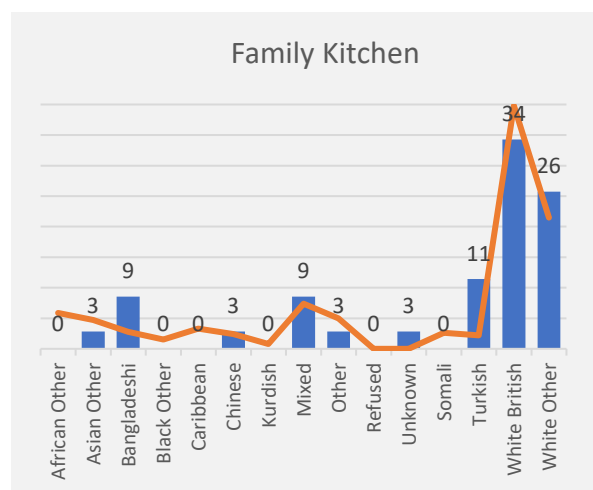
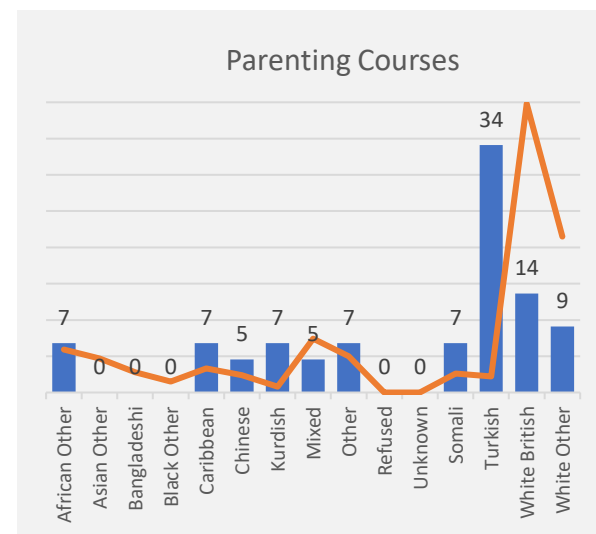
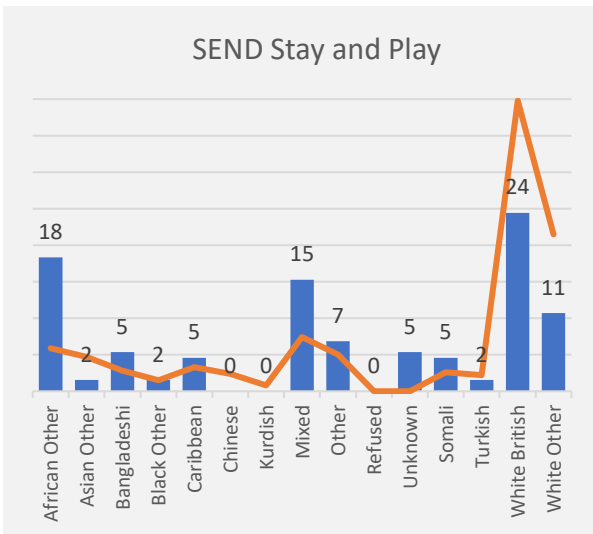
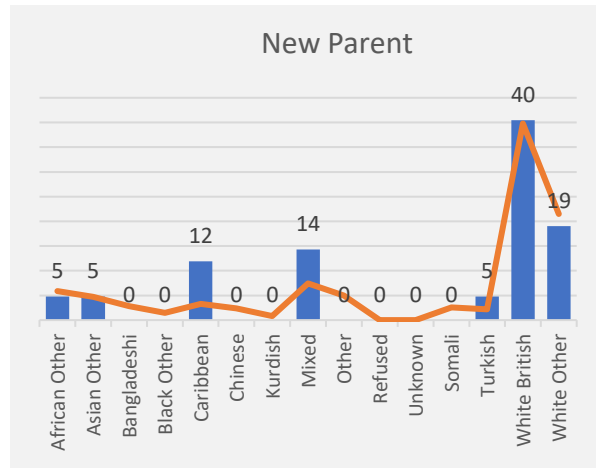
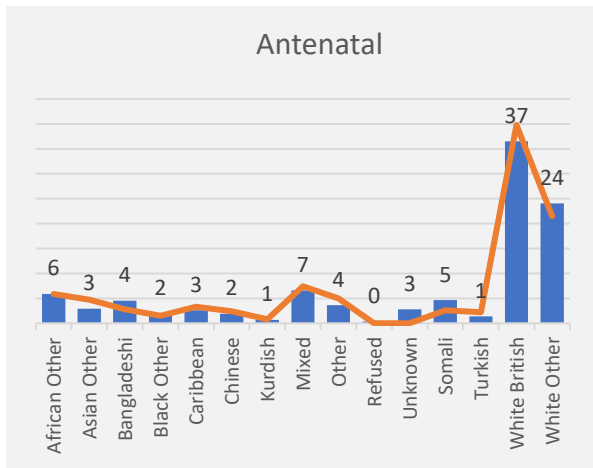
North	African Other	Asian Other	Bangladeshi	Black Other	Caribbean	Chinese	Kurdish	Mixed	Other	Refused	Unknown	Somali	Turkish	White British	White Other
Aged 0	8.5	4.8	3.8	3.4	2.8	0.3	0.5	15.1	5.7	1.3	3.9	2.3	0.7	24.3	22.6
Aged 1	8.8	2.2	2.5	2.9	2.7	0.8	0.0	18.7	3.7	1.0	5.5	2.5	1.2	29.4	18.0
Aged 2	4.9	2.7	3.2	1.8	1.8	0.7	0.2	17.9	3.8	2.5	9.7	2.2	2.9	27.4	18.2
Aged 3	6.5	2.2	2.2	1.9	3.3	0.6	0.6	17.2	3.7	2.0	7.2	4.4	2.8	27.8	17.6
Aged 4	7.2	3.4	3.5	1.9	3.5	0.7	0.8	14.4	3.4	1.2	7.6	3.4	2.0	29.4	17.6

South	African Other	Asian Other	Bangladeshi	Black Other	Caribbean	Chinese	Kurdish	Mixed	Other	Refused	Unknown	Somali	Turkish	White British	White Other
Aged 0	6.7	4.1	1.0	5.8	2.2	0.5	0.2	14.4	4.3	0.2	15.9	0.0	0.2	26.4	18.5
Aged 1	6.2	3.7	1.9	3.1	4.1	0.4	0.4	19.0	3.7	0.2	8.5	2.1	0.0	25.9	20.7
Aged 2	4.8	3.8	1.4	1.4	2.4	1.0	0.0	14.8	3.8	1.0	13.8	2.8	1.7	25.5	21.7
Aged 3	5.3	2.5	4.3	0.9	2.2	1.2	1.2	14.2	2.8	0.6	16.4	3.7	2.8	27.6	14.2
Aged 4	7.6	4.3	2.3	1.8	1.8	0.5	0.5	15.4	1.5	0.8	9.8	3.3	2.5	29.0	19.1

Percentage Ethnicity by Activity

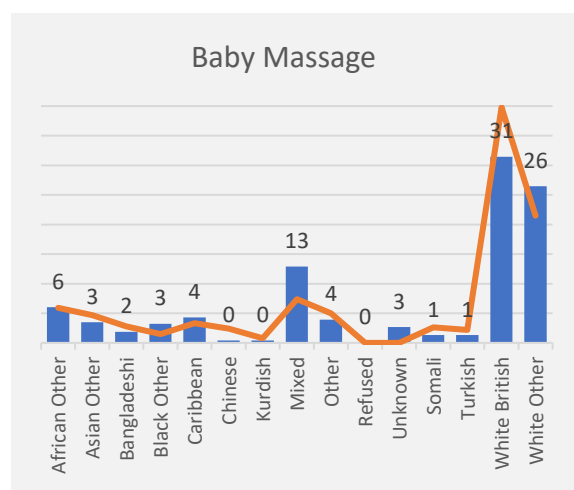
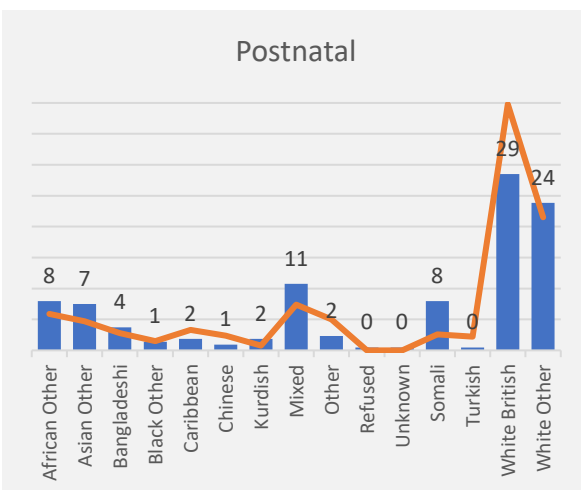
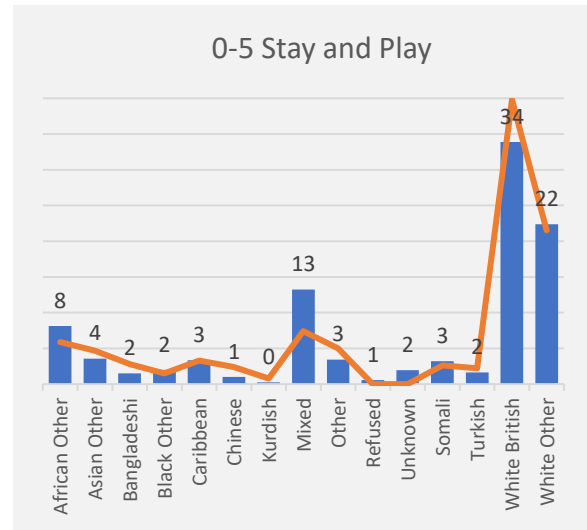
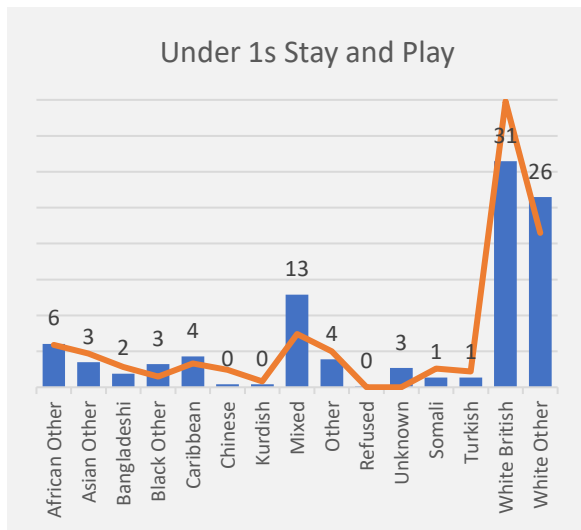
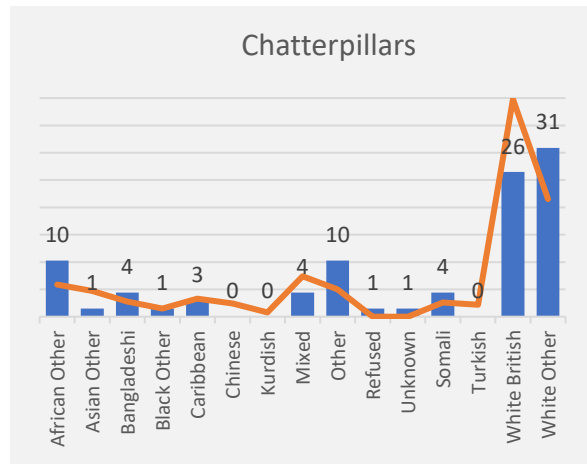
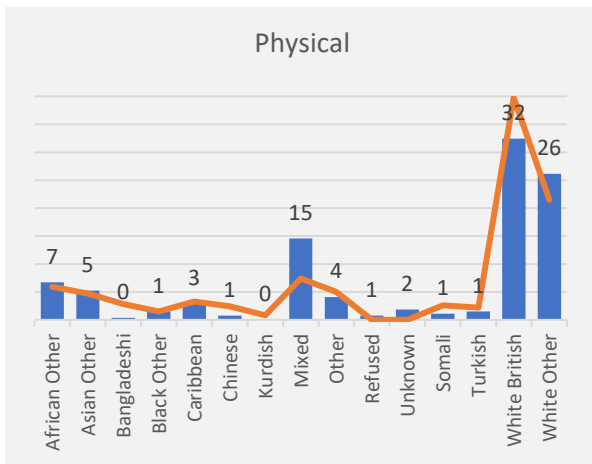
Ethnicity breakdown in Q2

Orange line represents LBI's Census 2021 population estimates (Source: ONS)



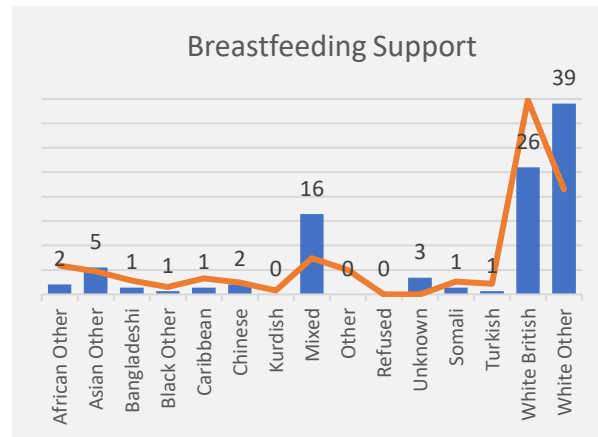
Percentage Ethnicity by Activity

Ethnicity breakdown in Q2



Percentage Ethnicity by Activity

Ethnicity breakdown in Q2



	Number of distinct Attendances	African Other	Asian Other	Bangladeshi	Black Other	Caribbean	Chinese	Kurdish	Mixed	Other	Refused	Unknown	Somali	Turkish	White British	White Other
Antenatal	578	6	3	4	2	3	2	1	7	4	0	3	5	1	37	24
New Parent	42	5	5	0	0	12	0	0	14	0	0	0	0	5	40	19
SEND Stay & Play	131	18	2	5	2	5	0	0	15	7	0	5	5	2	24	11
Chatterpillars	68	10	1	4	1	3	0	0	4	10	1	1	4	0	26	31
Family Kitchen	35	0	3	9	0	0	3	0	9	3	0	3	0	11	34	26
Parenting	44	7	0	0	0	7	5	7	5	7	0	0	7	34	14	9
Physical	268	7	5	0	1	3	1	0	15	4	1	2	1	1	32	26
Family Support Surgeries	110	18	6	6	5	5	0	1	15	2	3	0	6	2	15	15
0 - 5 Stay & Play	1918	8	4	2	2	3	1	0	13	3	1	2	3	2	34	22
Under 1s Stay and Play	744	6	3	2	3	4	0	0	13	4	0	3	1	1	31	26
Postnatal	214	8	7	4	1	2	1	2	11	2	0	0	8	0	29	24
Baby Massage	133	3	4	2	2	5	0	0	14	0	0	2	1	3	43	23
Breastfeeding Support	143	2	5	1	1	1	2	0	16	0	0	3	1	1	26	39
LBI population as at Census 2021 (Source: ONS)		5.9	4.7	2.8	1.5	3.3	2.4	0.8	7.4	5	-	-	2.6	2.2	39.8	21.5

Note: Highlighted green is the largest ethnic group for the activity

English as Additional Language (EAL)

Percentage of EAL clients attending activities in Q2

